

# SITE PROFILE

RESEARCHING TODAY... FOR A BETTER TOMORORW...



### **ABOUT** OUR COMPANY

Considered the gold standard of clinical research sites, Arizona Research Center (AZRC), founded in 1997, has participated in over 1,000 clinical trials. Arizona Research Center is committed to quality in the wideranging clinical indications in which it participates. The experience of our full-time medical staff together with locally affiliated physicians affords us the expertise in many therapeutic areas, with an emphasis in pain management, orthopedics, surgical models, internal medicine, podiatry, neurology, women's health, dermatology, healthy volunteer, and others.

AZRC has received international recognition for the volume and quality of the work conducted at the site. Our Investigators' expertise and knowledge are consistently sought by members of the pharmaceutical industry to assist in protocol development. AZRC's model is unique within the industry and works much differently than the typical self-contained study site. All clinicians and study staff are individually trained for each study and hold multiple industry-standard certifications (e.g., CCRC, CITI, IATA, GCP).

The experienced and dedicated staff at AZRC is one of the greatest assets to the success of the organization. AZRC is committed to successful clinical trial conduct rooted in quality data, timely delivery of enrollment goals, and compliance with governing regulations, industry standards and international guidelines. Everything AZRC does is in the pursuit of medical innovation with our partners for the benefit of our community.

As a consistently high-enrolling site, we produce clean and reliable data. In recent years FDA inspections have resulted in no findings. We encourage sponsor audits as we find that close collaboration with the sponsor makes for a cleaner trial and allows us to continue to improve our internal processes.

## **RESEARCH STAFF**

### **LOUISE TABER, MD**

PRINCIPAL INVESTIGATOR



Dr. Louise Taber is Board–Certified in Internal Medicine. She graduated from the University of Arizona College of Medicine. Her internship was at Moses H. Cone Memorial Hospital in Greensboro, North Carolina & her residency at Maricopa Medical Center in Phoenix, Arizona. She has a Bachelor of Science degree in Human Nutrition (Highest Distinction) & a Master's degree in Human Development, both from the University of Maine, Orono, ME. She is a Certified PI & a Fellow of the American College of Physicians and a Fellow of the Academy of Physicians in Clinical Research. She maintains her certification as a Registered Dietitian. Previously, she served as Principal Investigator and Medical Director at Pivotal Research Centers (subsequently known as Premier Research Group). She speaks French and Spanish. She joined Arizona Research Center as Medical Director in 2011.

### MIRELA PONDUCHI, MD

PRINCIPAL INVESTIGATOR



Dr. Mirela Ponduchi is an Internal Medicine physician with 15 years of experience as a Hospitalist. She graduated from Grigore T. Popa University in Romania and completed her residency at Mercy Hospital in Chicago. Fluent in multiple languages, she effectively connects with diverse patients. Since 2013, Dr. Ponduchi has been involved in Clinical Research as both a Principal and Sub-Investigator, focusing on improving patient outcomes. She is also a dedicated educator, mentoring medical students. Outside of work, Dr. Ponduchi enjoys family time, drawing, and painting. Her empathetic approach and dedication make her a respected member of the healthcare community.

### **CESAR RODARTE, DO**

PRINCIPAL INVESTIGATOR



Dr. Cesar Rodarte is a dedicated family practitioner with extensive experience in clinical practice and medical education. A graduate of the University of Texas at El Paso (UTEP), he completed his medical studies in Des Moines, Iowa. Bilingual in English and Spanish, Dr. Rodarte effectively serves a diverse patient population. For over 40 years, he has led a multi-specialty medical practice, showcasing his commitment to community health. As an educator, he has mentored many medical students, fostering future healthcare professionals. Dr. Rodarte also contributed to medical research as a Principal Investigator for over five years. Dr. Rodarte's career is marked by excellence in patient care, education, and research, making him a respected figure in the medical community.

### **RESEARCH STAFF**

#### REGULATORY DEPARTMENT

Arizona Research Center's regulatory specialists process the study start-up paperwork and work diligently to maintain all regulatory documents throughout the study.

#### RECRUITMENT SPECIALSITS

Principal Investigators and Study Coordinators are aided by recruitment specialists, including bilingual personnel, in study enrollment and recruitment. Our employees work diligently to pursue all avenues of patient recruitment alongside the coordinators and help our site to frequently exceed enrollment goals.

### CLINICAL RESEARCH COORDINATORS (CRCS)

Arizona Research Center's CRCs work under the direction of the PI in the overall day-to-day management of clinical trials. Our site has three teams, Surgical, Outpatient, and Inpatient, which all work concert to conduct these trials. Our Research Coordinators are certified through ACRP/SCRS and each team is supervised by a dedicated and experienced manager.

## **FACILITY DETAILS**

ARIZONA RESEARCH CENTER SHARES FACILITIES WITH VALLEY SURGICAL CENTER AND AN ESTABLISHED PODIATRY PRACTICE.

# ARIZONA RESEARCH CENTER'S 24,000 SQUARE-FOOT FACILITY INCLUDES:



- 12 EXAMINATION ROOMS
- 14 INPATIENT ROOMS
- OFFICE-BASED PROCEDURE ROOM
- 5 MONITOR ROOMS WITH HIGH-SPEED INTERNET CONNECTIONS & TELEPHONES
- CLIA-CERTIFIED LABORATORY
- CONFERENCE ROOM
- GYNECOLOGICAL ROOM
- DOUBLE-LOCKED DRUG ROOM: AMBIENT & REFRIGERATED
- BREAK ROOM, RECEPTION AREA
- SECURE STORAGE FOR CRFS & SOURCE DOCUMENTS
- BACK-UP GENERATOR

## **EQUIPMENT:**



- -70°C FREEZER
- -20°C FREEZER
- REFRIGERATED & AMBIENT CENTRIFUGE
- INCUBATORS (LAB TESTING)
- ECG MACHINES
- VITALS MACHINES
- DRY ICE FOR SHIPPING
- CRASH CARTS LOCATED IN EACH UNIT
- RADIOLOGY: ULTRASOUND & X-RAY
- INFUSION PUMPS
- TELEMETRY
- OFF-SITE CAPABILITIES:
  - BIOPSY, NERVE CONDUCTION, EYE EXAMS
  - ADVANCED IMAGING: MRI, CT, DXA, VENOGRAPHY, C-ARM

ARIZONA RESEARCH CENTER IS CONVENIENTLY LOCATED ON THE I-17 CORRIDOR IN NORTH CENTRAL PHOENIX, WITH EASY ACCESS FROM SKY HARBOR INTERNATIONAL AIRPORT AND IN CLOSE PROXIMITY TO SEVERAL WELL-KNOWN HOTELS. CENTRALLY LOCATED IN THE PHOENIX METROPOLITAN AREA, PATIENTS FROM ALL OVER THE VALLEY HAVE EASY ACCESS TO OUR FACILITIES, WHICH ADDS TO OUR PATIENT SATISFACTION AND CONVENIENCE.

## **CLINICAL TRIAL EXPERIENCE**

### ARIZONA RESEARCH CENTER HAS EXPERIENCE CONDUCTING PHASE I – PHASE IV CLINICAL TRIALS IN THE THERAPEUTIC AREAS LISTED BELOW:

#### Cardiovascular:

Cardiovascular Disease

Cardiac Risk Factor Reduction

Hypertension

Dyslipidemia, mixed

Hypercholesterolemia

Hypertriglyceridemia

Hyperlipidemia

#### **Dermatology:**

Acne

**Atopic Dermatitis** 

Plaque Psoriasis

Psoriasis

Rosacea

Prurigo Nodularis

#### **Gastrointestinal:**

**Chronic Constipation** 

Dyspepsia

Irritable bowel disease

Gastric ulcer

**Opioid Induced Constipation** 

#### Orthopedic:

Acute Pain

Adhesive Capsulitis

Tendinopathy

Chronic Low Back Pain

Chronic Pain

Osteoarthritis

Knee

Shoulder

Hip

Back

**Epicondylitis** 

#### **Respiratory:**

Asthma COPD

#### **Endocrine:**

Diabetes Mellitus, Type I & II

Obesity

#### Neurological:

Alzheimer's disease

Migraine headaches

Mild Cognitive Impairment

Δ19

Multiple Sclerosis

Parkinson's disease

Post-Herpetic Neuralgia

Carpal Tunnel Syndrome

DPN

Neuropathic Pain

Fibromyalgia

#### Mental Health:

Anxiety

Depression

Major Depressive Disorder

#### **Surgical Studies:**

#### Post-op Pain:

Abdominoplasty

Bunionectomy

**Breast Augmentation** 

**Dental extractions** 

Hernia Repair

Hysterectomy

**DVT Prevention** 

Ankle Fusion

Post-op Nausea and Vomiting

Total Hip Arthroplasty

Total Knee Arthroplasty

Total Shoulder Arthroplasty

#### **Podiatry:**

Morton's Neuroma

Non-Healing Foot Ulcers

Plantar Fasciitis

#### Rheumatology:

Rheumatoid Arthritis

Lupus

Gout

#### Men's Health:

**Erectile Dysfunction** 

Low Testosterone

Prostatic hypertrophy, benign

#### Women's Health:

Osteoporosis

Contraception

Endometriosis

Hot Flashes

**Urinary Incontinence** 

Interstitial Cystitis

Menopausal syndrome

Overactive bladder

Sexual Disorders

**Urinary Tract Infection** 

#### Other:

**Smoking Cessation** 

Vaccines

Anemia

Allergies, seasonal

Fatty Liver

NASH

#### Phase 1, Healthy Normal

## VALLEY SURGICAL CENTER

Arizona Research Center is proud to partner with Valley Surgical Center. This state-licensed Ambulatory Surgical Center is located on the first floor of our facility adjacent to Arizona Research Center's inpatient unit, allowing for optimal transition and continuity of care of patients from surgery to research.

With the ability to provide quality imaging, diagnostic and surgical services in an intimate outpatient surgical setting, Valley Surgical Center is poised to become a leader in positive patient outcomes and outpatient services. The dedicated board-certified surgeons, health care providers and support staff are focused on individualized patient care, making every patient feel like they are in the very best hands.



## **CAPABILITIES:**

- 2 CLASS "C" OPERATING ROOMS
- 5 PACU BAYS
- DIAGNOSTIC TREATMENT ROOM
- PREOPERATIVE ROOM
- STATE-LICENSED C-ARM
- STERILIZATION





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HOURS OF OPERATION MONDAY - FRIDAY

## **AZRC CONTACTS**

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RACHEL GLEDHILL VP CLINICAL OPERATIONS

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### REGULATORY DEPARTMENT

EMAIL: REGULATORY@AZRESEARCHCENTER.COM

AIMEE UPTON SITE PROGRAM MANAGER/FEASIBILITIES

EMAIL: ATAPIA@AZRESEARCHCENTER.COM